

**263601005-PM-07, DEVELOP PRO-ACTIVE AND REACTIVE
(COPING) LIFE SKILLS IN THE FAITH COMMUNITY THROUGH
PREACHING AND TEACHING AND MENTORING.**

NQF LEVEL 6, CREDITS 5

OVERVIEW: Scope of Practical skill

Your practical should demonstrate that you can demonstrate how to nurture pro-active and reactive (coping) life skills and spiritual disciplines/practices in the faith community through preaching, teaching, mentorship (or discipleship training) and counselling. You should be able to listen in order to understand the context and holistic well-being needs of the community and plan an intervention (mentoring, teaching, sermon) to address identified needs. Cultivate pro- and reactive life skills and spiritual disciplines/practices through preaching, counselling, teaching and mentoring. Listen in order to understand the context and holistic well-being needs of the community and plan an intervention (mentoring, teaching, sermon) to address identified needs.

How to complete your Practical:

Carefully read and complete the Integrated Assessment Criteria (IAC) of each of the sections by applying the following procedures:

Carefully read the applicable Practical Activates that outline what the requirements are necessary to complete an IAC. These Practical Activities are the required information that must be visible in your final assignments.

The applied knowledge refers to previously learned material. What is required is to recall the appropriate information learned in the Knowledge Modules and apply said knowledge in the completion of your IAC's.

PM-07-PS01: LISTEN IN ORDER TO UNDERSTAND THE CONTEXT AND HOLISTIC WELL-BEING NEEDS OF THE COMMUNITY AND PLAN AN INTERVENTION (MENTORING, TEACHING, SERMON) TO ADDRESS IDENTIFIED NEEDS

INTEGRATED ASSESSMENT CRITERIA (IAC0101):

IAC0101: Gather information from a range of sources and analyse and evaluate that information to select and plan an intervention appropriate to the holistic well-being needs that were identified. Given a faith community setting you must be able to:

- The Practical Actions (PA) to complete IAC0101 are PA0101 - PA0105 as set out hereafter:

Practical Actions:

PA0101 Establish opportunities for listening apply listening skills and give feedback

PA0102 Access and utilise additional sources of information on the holistic well-being or not of the community (technology, media, community leaders and church leaders)

PA0103 Summarise and prioritise holistic needs in a faith community

PA0104 Plan an intervention aimed at the nurturing of pro-active and reactive (coping) life skills and spiritual disciplines/practices

PA0105 Identify in the planned programme the most effective (age and culturally appropriate) ways for addressing holistic well-being needs (e.g. preaching, teaching, study groups, mentoring, counselling, drama and storytelling, printed media, electronic and social media, etc.)

Applied Knowledge:

KM09: Spiritual formation, life skills training and value system Development

- Assignment 1: Personal Spiritual Formation timeline.
- Assignment 2: Describing Spiritual Formation

PM-07-PS02: CULTIVATE PRO- AND REACTIVE LIFE SKILLS AND SPIRITUAL DISCIPLINES/PRACTICES THROUGH PREACHING, COUNSELLING, TEACHING AND MENTORING

INTERGRATED ASSESSMENT CRITERIA (IAC0201)

IAC0201: Gather information from a range of sources and analyse and evaluate that information to select and plan an intervention appropriate to the pro- and reactive life skills and spiritual disciplines/practices needs that were identified.

- The Practical Actions (PA) to complete IAC0201 are PA0201 and PA0202 as set out hereafter:

Practical Actions:

PA0201: Plan an intervention aimed at the nurturing of pro-active and reactive (coping) life skills and spiritual disciplines/practices

PA0202: Identify in the planned programme the most effective (age and culturally appropriate) ways for the nurturing of the life skills and disciplines/practices (e.g., preaching, teaching, study groups, mentoring, counselling, drama and storytelling, printed media, electronic and social media, etc.)

INTERGRATED ASSESSMENT CRITERIA (IAC0202)

IAC0202 Communicate information, using conventions appropriate to the context, in written and oral or signed form or in a practical demonstration to address pro- and reactive life skills and spiritual disciplines/practices

- The Practical Actions (PA) to complete IAC0202 are PA0203 and PA0204 as set out hereafter:

Practical Actions:

PA0203: Prepare and deliver teachings and/or presentations related to a selection of identified needs and do an evaluation of the impact of the teaching.

PA0204: Conduct counselling sessions related to identified needs, and prepare reports for supervision purposes

INTERGRATED ASSESSMENT CRITERIA (IAC0203)

IAC0203 Evaluations of interventions account for own actions, work with, and respect for others need for pro- and reactive life skills and spiritual disciplines/practices and take supervisory responsibility for others.

- The Practical Actions (PA) to complete IAC0203 are PA0205 as set out hereafter:

Practical Actions:

PA0205: Develop and apply a referral system that identifies counselling specialisations and services, and set criteria for when and how to refer

Applied Knowledge:

KM09: Spiritual formation, life skills training and value system Development

- Assignment 4: Communication and conflict
- Assignment 5: Personal coping and life-skill habits to develop
- Assignment 6: A Theology of Healing and suffering.
- Assignment 8: Bible message – Spiritual formation involves Community

KM10: Principles of Pastoral care in a Christian Context

- Assignment 6: Counselling Skills defined
 - Discussion 3 - Discuss this: Pastoral Counselling and the Ministry of Deliverance.
 - Assignment 7: Quiz on applying various interventions to children, teens, adults and families.
 - Assignment 8: Role play and record a counselling session.